



Catering





Please...
Place your order
in advance!

We appreciate at least
24 hours notice for
catering orders.

We can handle
same-day orders...

Although we may ask you
to pick up last-minute orders.

Order online at: www.freshcity.com



Breakfast

10 person minimum unless otherwise specified

EXPRESS BREAKFAST

Our Bakery Assortment served with Rainforest Alliance certified coffee

5.29 pp

CITY BREAKFAST

Bakery Assortment with Rainforest Alliance certified coffee and fresh-squeezed orange juice

7.49 pp

BAKERY ASSORTMENT

An assortment of our freshly baked muffins, bagels and breakfast pastries served with cream cheese, preserves and butter

3.49 pp

BREAKFAST BURRITOS

Fresh-cracked scrambled eggs wrapped in flour tortillas; varieties include:

- Farmer Brown: bacon and cheddar
- Market Fresh: sautéed vegetables and cheddar
- South of the Border: salsa, black beans, scallions and cheddar

With coffee and fresh-squeezed orange juice

4.99 pp

8.49 pp

ADD FRESHLY CUT FRUIT SKEWERS

Melons and berries

2.99 pp

BREAKFAST TOTE

Fresh-baked muffin or bagel, fresh fruit cup and today's flavor yogurt

6.49 pp

YOGURT FONDUE

Freshly cut fruit served with strawberry yogurt and granola

39.99 (serves 10)

FRESH-SLICED FRUIT

A selection of seasonal sliced fruit and berries

39.99 (serves 8-15) 69.99 (serves 16-25)

FRESHLY BREWED RAINFOREST ALLIANCE CERTIFIED COFFEE

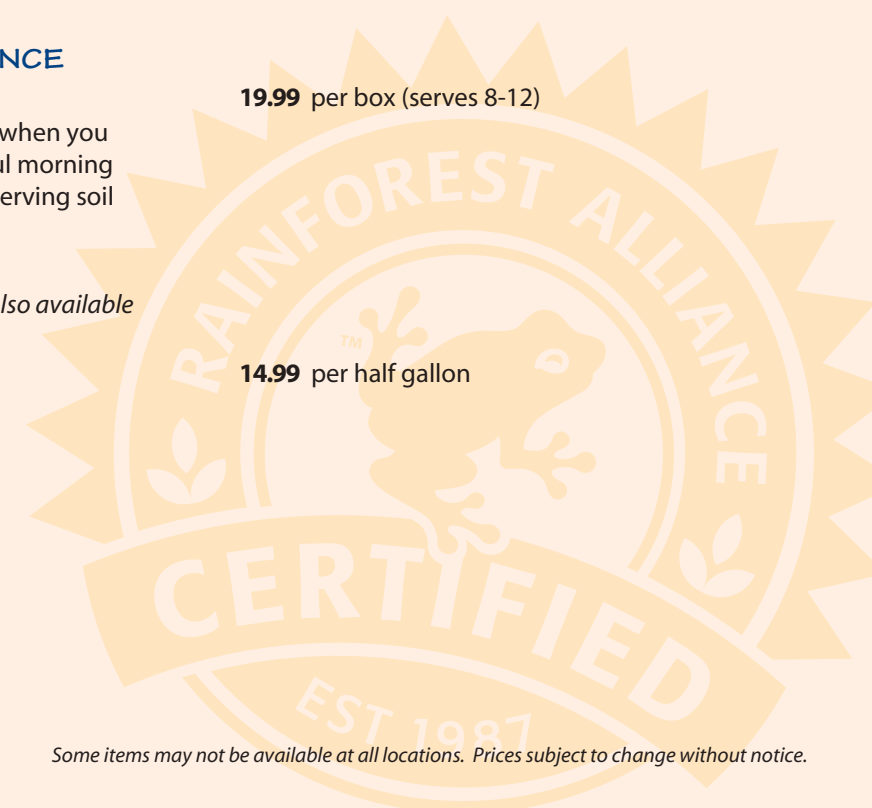
Fresh City serves Rainforest Alliance certified coffee. So when you choose our coffee, in addition to enjoying a rich, flavorful morning beverage, you are helping to protect forest habitat, preserving soil and water resources, sustaining healthy ecosystems and benefiting farming communities.

Fair Trade certified decaffeinated coffee and organic teas also available

19.99 per box (serves 8-12)

FRESH-SQUEEZED ORANGE JUICE

14.99 per half gallon



Some items may not be available at all locations. Prices subject to change without notice.



**Bold and original
creations you can
feel good about™...**

- ▶ Naturally-raised meat, poultry and seafood
- ▶ Hand-picked produce, cut fresh daily
- ▶ Organic ingredients, wherever possible
- ▶ Customized to your taste... **Just ask!**

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Lunch or Dinner

10 person minimum unless otherwise specified

Sandwiches and Salad Wraps


MARKET LUNCH 10.49 pp
An assortment of sandwiches and salad wraps served with kettle chips and freshly baked cookies and brownies

POWER LUNCH 12.49 pp
An assortment of sandwiches and salad wraps served with kettle chips, choice of Caesar Salad, Farmer's Market Salad or Pasta Salad and freshly baked cookies and brownies

SANDWICH ASSORTMENT 7.99 pp
Our assortment features a variety of specialty sandwiches served with kettle chips; Sandwiches may be combined with Salad Wraps

The Mayflower: Freshly roasted turkey, cornbread stuffing, whole cranberry sauce, lettuce and tomato

Truly Tuna: Chunk white tuna salad, lettuce and tomato

 **Sedona Chicken:** All-natural chicken breast, guacamole, cheddar, Southwest aioli, lettuce and tomato

Bourbon Street Muffaletta: Smoked honey ham, Genoa salami, provolone, olive salad, roasted red pepper and tomato

Asiago Roast: Roast beef, Asiago cheese, roasted garlic, parmesan aioli, lettuce and tomato

All American Turkey: Roasted turkey breast, lettuce and tomato


 **Organic Hummus and Veggie:** Hummus, tomato, cucumber, pepper, onion and cheddar cheese



SALAD WRAP ASSORTMENT 7.99 pp
Our assortment features a variety of salads wrapped in pita bread and served with kettle chips; Salad Wraps may be combined with Sandwiches


 **Great Caesar with Chicken:** Our award-winning classic Caesar with freshly roasted all-natural chicken

Farmer's Market with Turkey: Freshly cut lettuce, carrots, edamame, red onion, tomato, cucumber, aged cheddar, roast turkey and market ranch dressing

Malibu Cobb: Romaine, tomato, egg, gorgonzola cheese, scallions, bacon and balsamic vinaigrette

 **Mandarin Sesame Chicken:** Romaine lettuce, roasted chicken, mandarin orange, wonton strips, scallions, tomato, suntan pepper and Asian sesame ginger dressing

  **Buffalo Bleu:** Romaine, Buffalo chicken, cheddar, carrots, tomato and bleu cheese dressing

 **Tuscany:** Baby lettuce, tomato, fresh mozzarella, roasted red pepper and balsamic vinaigrette

LUNCH TOTES

CITY SQUARE 9.99 pp
Sandwich, chips, cookie or piece of fruit


UPTOWN 9.99 pp
Half sandwich, half Farmer's Market salad, cookie or piece of fruit

COURTYARD 10.99 pp
Salad wrap, cookie, fresh fruit cup



SKYSCRAPER 11.99 pp
Sandwich, Fresh City® Sweet Pita Chips, fresh fruit cup and a brownie

FRESH ADDITIONS

TORTELLINI SALAD
34.99 (serves 10)
Prepared fresh daily

SESAME NOODLES
 34.99 (serves 10)
Lo mein noodles tossed in our sesame dressing and garnished with fresh vegetables

**FRESHLY CUT
FRUIT SKEWERS**
2.99 pp
Melons and berries

-  All-natural meat
-  Vegetarian
-  Spicy

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Made to Order

At Fresh City, each and every meal is made fresh to order. That means your catering order can be made just the way you and your guests want it — low fat, low carb, more or less spicy, vegetarian... Just ask!

Ask Us Anything!

Talk with your Fresh City Catering Representative for ideas and even more selections to serve at your special catering events.

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Lunch or Dinner

10 person minimum unless otherwise specified

Asian Stir Fry

Fresh vegetables stir fried in Asian woks with your choice of protein and sauce served with lo mein noodles, jasmine rice or brown rice.

CHOOSE YOUR SAUCE:

Teriyaki 🔥 Kung Pao 🔥🔥🔥 Spicy Cactus BBQ

CHOOSE YOUR ACCOMPANIMENT:

Lo Mein Noodles Jasmine Rice Brown Rice

CHOOSE YOUR PROTEIN: (10 person minimum for each protein)

🌿 Chicken	9.99 pp	🌿 Steak	10.99 pp
🌿 Shrimp	10.99 pp	🌿 Tofu	9.99 pp
🌿 Vegetarian	9.99 pp		

ADD a Mandarin Sesame Chicken Salad and a fresh-baked cookie 4.99 pp

Burritos

Traditional burritos with authentic fillings including our fresh salsa and chunky guacamole, as well as bold and original creations.

Burritos can be customized with alternate proteins, spicy salsa, low-carb or wheat tortillas.

8.99 pp

🌿 🔥 **Burrito Grande:** Spanish rice, organic black beans, tomato salsa and cheddar in a flour tortilla

🌿 🔥 **Chicken Burrito:** Our Burrito Grande with freshly roasted all-natural chicken

🌿 🔥 **Steak Fajita:** Spanish rice, sautéed peppers and onions, all-natural steak, salsa and cheddar in a flour tortilla

🔥 **Cancun Burrito:** Roasted chicken, organic black beans, guacamole, salsa and cheddar in a low-carb tortilla

🌿 **Kyoto Burrito:** Brown rice, roasted chicken, stir fry vegetables and teriyaki sauce in a wheat tortilla

FRESH ADDITIONS

TERIYAKI or KUNG PAO CHICKEN SKEWERS

22.00 per dozen
(2 dozen minimum)

🌿 All-natural chicken marinated and roasted in your favorite sauce. (Served chilled.)

CHIPS with SALSA and GUACAMOLE

49.99

(serves 10-15)

Tortilla chips with fresh salsa, guacamole and sour cream

FIVE LAYER DIP

49.99

(serves 10-15)

Layers of sour cream, cream cheese, guacamole, salsa and cheddar cheese topped with scallions and served with tortilla chips

🌿 All-natural meat

🌿 Vegetarian

🔥 Spicy



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Real fresh!

Hand picked produce,
cut fresh daily.
Locally grown whenever
possible.



Order online at: www.freshcity.com

Lunch, Dinner, Anytime

All-natural meat
 Vegetarian

10 person minimum unless otherwise specified

Salads

Serves up to 10 as a side. Served with fresh-baked rolls.

TUSCANY **36.99**
Baby lettuce, tomato, fresh mozzarella, roasted red pepper and balsamic vinaigrette

MANDARIN SESAME CHICKEN **39.99**
Romaine, roasted chicken, mandarin orange, scallions, wonton strips, pepper, tomato and Asian sesame ginger dressing

MALIBU COBB **36.99**
Romaine, tomato, egg, gorgonzola cheese, scallions, bacon and balsamic vinaigrette

FARMER'S MARKET **32.99**
Freshly cut lettuce, carrots, edamame, red onions, tomato, cucumber, aged cheddar and market ranch dressing

GREAT CAESAR **32.99**
Romaine, croutons, Asiago cheese blend and our own classic Caesar dressing

GREAT CAESAR with CHICKEN **39.99**

Hot Fresh Soups

Individual servings or by the gallon (serves 10-12).

Served with fresh-baked bread.

FRESH CITY CHICKEN SOUP
Individual: **4.59** pp / Gallon: **44.99**
Roasted chicken, pasta, carrot, turnip, parsnip and onion in fresh chicken stock

SEASONAL VEGETABLE SOUP
Individual: **4.59** pp / Gallon: **44.99**
A delicious blend of fresh vegetables in a vegetarian stock seasoned with fresh herbs

NEW ENGLAND CLAM CHOWDER
Individual: **5.49** pp / Gallon: **52.99**
A traditional Fresh City favorite!

TODAY'S FRESH SPECIAL
Prices vary; please inquire

Soup and Salad Combination

11.99 pp / with Clam Chowder **12.99** pp (serves 10)

A gallon of your choice of soup with five individual Caesar salads and five individual Farmer's Market salads. Served with fresh-baked bread and freshly cut fruit skewers.

ANYTIME FAVORITES

VEGETABLE CRUDITÉ

39.99 (serves 10-15)

57.99 (serves 16-25)

Fresh vegetables arranged on a platter and served with homemade bleu cheese and ranch dips

FRESH-SLICED FRUIT

39.99 (serves 10-15)

69.99 (serves 16-25)

GOURMET CHEESE SELECTION

42.99 (serves 10-15)

62.99 (serves 16-25)

Domestic and imported cheeses, served with grapes, strawberries and crackers

MEDITERRANEAN PLATTER

45.99 (serves 10-15)

64.99 (serves 16-25)

Organic hummus, olive salad, roasted red peppers, fresh vegetables and pita bread



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www.freshcity.com

Order by phone

Simply call your nearest Fresh City.
(See list on back cover.)

Place your order in advance

Please give us 24 hours notice if possible.
We are prepared to handle same-day
orders, although we may ask you
to pick up last-minute orders.

Delivery service

We offer free local delivery service for all
catering orders totalling \$75 for breakfast
and \$100 for lunch or dinner. A delivery
charge of \$15 will apply to smaller orders.
Deliveries outside the local service area
may require an additional service charge
(cab fare). All catering orders are available
for customer pickup, if preferred.

Easy payment

Fresh City accepts cash, corporate checks,
VISA, MasterCard and American Express.
Or apply for a corporate account through
your Fresh City Catering Representative.

Equipment return

Please be sure to return all equipment
that Fresh City provides for your use.
Missing equipment will be charged
as necessary.

Cancellations

24 hours advance notice is required.
In the event of shorter notice,
the client may be held responsible for
unrecoverable damages.

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Desserts, Snacks, Beverages

DESSERTS

COOKIE & BROWNIE ASSORTMENT

21.99 (serves 10)

Our fresh-baked cookies combined with Fudge Walnut Brownies
and Butterscotch Blondies

FRESH-BAKED COOKIE SAMPLER

18.99 (serves 10)

Fresh from our oven. Featuring Chocolate Chip, Oatmeal Raisin, Triple
Chocolate Chunk and seasonal varieties

CHOCOLATE-DIPPED STRAWBERRIES

19.99 per dozen

Fresh strawberries dipped in semi sweet chocolate

SOUR CREAM COFFEE CAKE

39.99 (serves 16)

NY CHEESECAKE

49.99 (serves 16)

FRESH-BAKED APPLE PIE

24.99 (serves 8)

FRESH CITY® SWEET PITA CHIPS

14.99 (serves 10)

BEVERAGES

MIX and MATCH

2.29 pp

An assortment of beverages from
Coca-Cola, Vitamin Water, Nantucket
Nectars and Poland Springs

BOTTLED SPRING WATER

1.99 pp

A selection of still and sparkling waters

CANNED COCA-COLA ASSORTMENT

1.79 pp

ENERGY and BOOSTS

2.99 pp

A combination of Red Bull® Energy
Drinks and Vitamin Waters

FRESHLY BREWED RAINFOREST ALLIANCE CERTIFIED COFFEE

19.99 per box (serves 8-12)

Fresh City serves Rainforest Alliance
certified coffee. So when you choose
our coffee, in addition to enjoying a rich,
flavorful beverage, you are helping to
protect forest habitat, preserving soil
and water resources, sustaining healthy
ecosystems and benefiting farming
communities.

*Fair Trade Certified decaffeinated coffee
and organic teas are also available.*



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Order Online:

www.freshcity.com

Fresh City Headquarters

145 Rosemary Street, Suite C
Needham, MA 02494

Phone: (781) 453-0200

Fax: (781) 453-8686

Serving quality products from:



New England Locations

MASSACHUSETTS

Boston

Landmark Center

201 Brookline Avenue

Phone: (617) 424-7907

Fax: (617) 424-7926

Boston

World Trade Center East

2 Seaport Lane

Phone: (617) 443-0962

Fax: (617) 443-0752

Burlington

2 Wayside Road

(Wayside Commons)

Phone: (781) 273-0500

Fax: (781) 273-0588

Natick

1400 Worcester Road

(Route 9 East)

Phone: (508) 875-5750

Fax: (508) 875-5760

Newton

241 Needham Street

Phone: (617) 244-7071

Fax: (617) 244-5874

North Andover

93A Turnpike Street

Phone: (978) 975-0410

Fax: (978) 975-0407

Woburn

345 Washington Street

Phone: (781) 932-1120

Fax: (781) 932-6868

NEW HAMPSHIRE

Newington

45 Gosling Road

Phone: (603)334-6006

Fax: (603)334-6550

RHODE ISLAND

Warwick

21 Universal Boulevard

Phone: (401)821-1700

Fax: (401)821-1703

*Also find Fresh City in
Virginia; plus coming
soon to Maryland
and Washington, DC.*